SACRAMENTO AREA CAREER WOMENS NETWORK, INC.

Vol 4, No. 7 July, 1988

■ *NEXT MEETING: Saturday, July 16, 1988*

Time: 4:00-9:00

BEACH PARK Lake Reserve — Freeport Blvd./River Road

(DIRECTIONS: Located at the junction of Freeport Blvd. and River Road and across from Cliff's Marina — take Highway 5 South to Meadowview/ Highway 160 Exit, then cross freeway and take a right on Freeport Blvd.

PROGRAM: Country Western BBQ and Dance

Presented by the Special Events Committee

COST: Advance reservation — $7.50 for subscriber, $10.00 for non-subscribers. (Reservation form must be received by July 6).
Paying at the gate — $10.00 for subscribers and non-subscribers.

DETAILS

It's time to round up your favorite dancing boots, dust off your Stetson, and mosey-on over to SACWN, Inc.'s Country Western BBQ and Dance. We're talk-in' live music and lively doings as we party potluck in the great outdoors. Come ready for highstepping and hip-swaying to the melodious sounds of Katy & Jan as we ignite a SACWN sparkler of riproaring fun . SACWN is providing the barbecue grill-sites, coals and paper products. Please bring you own entree to BBQ plus a potluck dish for sharing (salad or dessert for sweet-toothers). Sodas will be available at a reasonable price (or BYOB).

We ask that you leave any little (or big) doggies home on the range. Also no children allowed.

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Know anyone who has had an out of body experience?

How many SACWN subscribers had a crush on their summer camp counselor?

If you had attended the June SACWN, Inc. meeting, you would have found the answer to these and other provocative questions. The Networking Committee presented a unique and non-threatening way to meet and become better acquainted with your sister SACWNites. Everyone had fun through a fascinating SACWN bingo game that had all racing to find other players who had had the experiences listed on the bingo cards. Prizes such as a camera, pen set, books, records and SACWN, Inc. T-shirts were awarded to those Bingo-ers who filled their cards first. In addition to the fun and laughter, SACWNites left the meeting with new networking skills and many new friends. A big round of applause and a chorus of "encore , encore" to the Networking Committee for many hours spent organizing this wonderful event!!!

■ Steering Committee

The focus of the June 14, 1988 meeting was SACWN's 1989 calendar of events. A special committee composed of Rosemary Metrailer, Corky Fessia, and Linda Ragnetti met to research, structure and create the ideas for the SACWN's 1989 events and programs. Highlights from the calendar include such personalities as Comedian Marge Gomez and Historian Elizabeth Cady Stanton. One of the new ideas the committee proposed was having two events in May like a Cinco de Mayo Dance and a Potluck at Beach Lake. The most unique change was a three day event in September where SACWN subscribers could come to an overnight camp where workshops on such things as writing, metaphysics, sports, "coming out", arts and crafts, talent shows, songfest and dancing would be offered as well as social events in the evenings. Of course SACWN's popular Valentine and October dances were also proposed. The calendar was accepted by the committee and already planning has started to obtain the speakers and bands.

Judith Franks, Steering Committee Coordinator

■ Subscription Committee

SACWN, Inc. now has over 300 subscribers! July is a month for many subscription renewals. Subscribers will be notified that their subscription is up by a notice on their newsletter. Your timely renewal will aid the committee in processing the paperwork so that the next newsletter gets to you on time. Please send your dues and address changes to P.O. Box 661332, Sacramento, CA. 95866.

Jayne Rountree,
Subscription Development Program Committee

■ Steering Committee Profiles

Beginning this month, you will meet the women who help make SACWN, Inc. thrive. The Steering Committee members represent a wide diversity of careers and experience and we felt our readers would find it of interest to learn more about these women who so tirelessly give their time and energy to SACWN,Inc.

Rosemary Metrailer / Corporate Coordinator

I was born on a farm in Indiana, and grew up knowing the values of hard work, physical stamina, and clean, clear country air. I went to the East Coast for college in Massachusetts. I demonstrated for civil rights and against the war in the 60's, helped to organize neighborhood groups and child care programs in the 70's, then came to California in 1974 to become a lawyer. Since 1977 I've been in a private law practice in Sacramento, since 1981 in my own firm together with other women, now specializing in small business and personal injury law. In July 1984 I got the idea to start a networking organization for lesbians in Sacramento, and invited a bunch of women I knew, or had recently met, whom I thought should get acquainted, to bring their brown bag lunches to my office for a get-together. The rest is history, and here we are, and I still find it really exciting and fun!

For work, I most enjoy advising small businesses (from partnership questions to incorporation, contract review, collections, you-name-it) and working with people who've been in accidents or have other insurance claims and are trying to put their lives back together. For play, I love camping, mountain-biking, and rafting through the rapids most of all!

Continued on page 3

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Judith Franks /
Steering Committee Coordinator

At the age of five I began to visit relatives who often asked me to organize their closets and drawers and that skill has brought me to my present occupation of management & business consultant. Actually the only difference now is that I don't spend as much time in the closet as I do out of the closet.

The university offered me fifteen years of cloistered life as an undergraduate student in theatre, psychology and finally English Education. Why stop there! I continued as a graduate student in Humanities, studying writing, yoga, philosophy, publishing a book, and at the same time was hired by the vice president of the university to assist him in organizing all the closets of the Dean and the faculty. In Oklahoma there was a lot of organizing to be done. I was busy working hard as the only women in the "oval office", while the other old boys were plotting to get me down the stairs and out the door. Seven years later they succeeded and what a shock when I hit the real world "off campus."

That was the year I came to know Karen, who had moved to Oklahoma from Pennsylvania and who was a student in a yoga class I was teaching. Karen and I had played soccer on the same team for three or four years barely noticing each other. That changed quickly and we've been together ever since and that was seven years ago.

The real world was filled with its usual happy and sad moments. I became a high school teacher teaching English and Spanish and on the side Karen and I taught yoga. I also wrote articles for soccer magazines and was responsible for bringing the first National Women's Challenge Cup in soccer to Oklahoma. Teaching English was a real pain for me and the kids. Spanish was a lot more fun and after living in Quito, Ecuador for four years in my early twenties, I had quite a cultural understanding and love for the language.

Foreign travel had been the norm for me through junior high school and high school. Living in Holland, Italy, Germany, Libya, Guam and South America made me feel like I had totally mastered the "chameleon effect." That is an ability to survive amidst affluence and other bureaucratic diseases.

Oklahoma got real boring for both Karen and I so we began to create a reason to leave. Since change had always been easy for me and Karen and I had been spending all of our summer vacations women watching in California, the reason became obvious to us both. We had outgrown Oklahoma. I was contacted by a friend in California who just happened to offer me a job in Sacramento as a consultant to a management company. We packed up and moved out here and after two years can only say, "Is there anyplace else on earth where you could meet so many wonderful women?"

■ SACWN Special Meeting With Bay Area Career Women

A special meeting with Anita Gherardi and BACW on June 3 and 4 was held at the home of Joanna Cassese. After a potluck dinner with a delicious lasagna prepared by Joanna's wonderful Italian mother we began the first part of the meeting. Donna Becker had arranged for Anita Gherardi, an organization research and development consultant, to meet with us to help us first to prepare our agenda for our Saturday meeting with the BACW officers and secondly to plan a SACWN committee working weekend for the future.

Anita was adept at helping us to organize our ideas and more clearly come to an understanding of what our individual purposes for being involved on the steering committee meant to each of us. We tentatively planned a weekend with Anita in August at Bodega Bay. On Saturday we met with the BACW officers. Among the topics discussed were: handling subscribership growth, meeting structures, special interest groups and community outreach.

Several of SACWN's steering committee members plan to attend BACW board meetings to experience first hand how a similar organization is handled.

A bridge of friendship and camaraderie was built as a result of this meeting. It is good to know that we have the love and the support of our sisters by the bay.

Judith Franks, Steering Committee Coordinator.

■ Special Interest Groups

BRIDGE

The bridge group meets on the fourth Sunday of each month at 5:30 p.m. Beginners, intermediates and advanced players are welcome. We need women to volunteer their houses for the games. For further information, contact Vivian or Lise, 452-5727.

GOLF

The golf group has been playing weekly at 6 p.m. Thursdays. We have had 16 to 20 women play on a regular basis. All levels of players are welcome and we have dinner together afterward. Lessons are available through Dory O'Rourke, 428-9401. For the weekly games, call Melody first at 392-3609.

SINGLES ONLY

This group is having monthly potlucks. Our next meeting is Saturday, July 23 at 5 pm. Contact Lill at 481-3786 for further information.

METAPHYSICAL/SPIRITUALITY

"In the Spirit" had its first meeting on June 17. If you have ideas for topics or suggestions for alternate meeting times, call Barbara, 929-7154 or Cindy, 972-1565.

JEWISH WOMEN

We had a wonderful Passover seder in April at the home of Donna; 12 women attended. The next meeting is scheduled for Friday, July 8 at 7:30 p.m. Contact Linda, 927-8071.

HOUSEBOAT VACATIONS

This group will meet during networking at SACWN meetings when announced. Contact Gretchen, 922-6287.

OUTDOOR RECREATION

This very popular group is mushrooming and may be divided into smaller more specific groups. Contact Ellen at 456-1420 for information about July's meeting.

ADULT CHILDREN OF ALCOHOLICS (ACA)

We are meeting every other Thursday evening. Contact Kathy at 421-8427 for details.

PHOTOGRAPHY

Contact Person: Linda, 921-9052.

RUNNERS

Contact Person: Angela, 451-9702.

Coordinator for Special Interest Groups is networking committee member, Ellie Zacks, 967-0611. Contact her if you have a suggestion for a new special interest group.

COUPLES, FAMILIES, INDIVIDUALS

ELLIE ZACKS, Ph.D.
LICENSED PSYCHOLOGIST
PR10426

(916) 967-0611
BY APPOINTMENT

7509 MADISON AVE., B-105, CITRUS HEIGHTS/95610

■ Successful SACWNite:

Joyce Bright has done it again! This month SACWN recognizes Joyce for having her second book published. Sunday's Child is the title of this thrilling, romantic adventure set in Sacramento. It tells the story of one woman's quest to qualify for the Olympics and the new love she experiences for her best friend as they train for this goal. Sunday's Child underscores how important lesbians are to each other as friends and family. In a touching, insightful manner this novel explores many of the issues lesbians face. Congratulations Joyce! We are looking forward to your next book.

If you have something special happening in your career, let us know! Take a bow and let us share in your success. Applause and appreciation are only a phone call away. Call Yolanda at 444-4868.

Newsletter Committee

COORDINATOR ..... Yolanda
EDITOR ..... Suzy
WRITERS ..... Lydia, Rosanna
PRODUCTION ..... Paula
CIRCULATION ..... Yolanda

■ CALENDAR

JULY

- ☐ July 5 — Steering Committee Meeting
- ☐ July 13 — Newsletter Committee Meeting
- ☐ July 16 — Country Western BBQ and Dance

AUGUST

- ☐ Aug. 2 — Steering Committee Meeting
- ☐ Aug. 10 — Newsletter Committee Meeting
- ☐ Aug. 26 — Subscriber Meeting at Sierra Inn (*DATE CHANGE)

SEPTEMBER

- ☐ Sept. 7 — Steering Committee Meeting
- ☐ Sept. 14 — Newsletter Committee Meeting
- ☐ Sept. 16 — Subscriber Meeting

■ Date Change for August Meeting

Originally our August Program was scheduled to be held August 19th. Pillars is also scheduled that evening for their 5th anniversary celebration. The response to their function has been overwhelming and they came to us for help. SACWN, Inc. agreed to free up the Main Ballroom and instead of being overcrowded we have changed our date to August 26th so that we can utilize the larger room. Pillars was very pleased and appreciative and would like more of us to attend their meetings and get to know one another.

Joanne Cassese, Program Coordinator

SACWN Steering Committee

Steering Committee Coord.	Judith Franks 924-8266
Financial Coordinator	Donna Becker 962-1056
Corporate Coordinator	Rosemary Metrailer 447-7255
Special Events	Corky Fessia 441-6810
	Tommye K. 442-9048
Programs	Joanna Cassese 415-787-1623
Networking	Donna Sanderson 362-3455
Subscription Development	Jayne Rountree 921-6642
Newsletter Coordinator	Yolanda Ortiz 444-5868
Recorder	Barbara English 685-3697

CLASSIFIEDS

Healing Stories Workshops

Learn how to create and tell stories that heal, August 19 through 21 for **helping professionals —therapists, teachers, counselors, nurses —** who are ready for self renewal and wonderful new tools. Fee $180 by August 1st or $200 by August 11. Includes camping space, meals, and follow up consultation by mail.

September 23-25 **For Women** who want to further develop imagination, creativity and story telling skills. Fee $145 by September 5 or $165 by September 15 includes camping space, meals, and workshop materials. **Presenters Lilian Vern, MSCC, and Jan van Schuyver, MLS,** for more information call 916-389-8108 or write to P.O. BOx 774, Alta, CA. 95701.

1978 SAAB FOR SALE new clutch for more information call 444-5868.

HOUSEMATE wanted for nice McKinley Park home. $325 + ½ utilities, call Patricia at 456-2636.

WANTED — FEATURE WRITER!! Women of words, wit and wide-ranging interest, your newsletter needs you! Call Yolanda at 444-5868.

Advertising Rates

As space permits, community announcements and appropriate advertising of interest to and by subscribers will be included. Organizations/events charging admission, businesses, rentals and sale items can be listed according to the following rates:

Subscriber rates:	
Classified	$.20 per word
Display	$10 per column (vertical) inch
Camera-ready business cards	$15.00
Flyers/inserts	$120.00

Ads run 3 months or longer receive a 10% discount.
Call Paula at 489-9673 for more information. Ad deadline: 15th of Month.

Non Subscriber rates: Included as space permits at 1 1/2 times the subscriber rates, sponsored by subscriber.

SACWN, Inc. reserves the right to refuse any advertisement. SACWN, Inc. does not warrant the service or product of any advertiser.

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■ Book Beat

A new feature of the SACWN Newsletter, will be "THE BOOK BEAT". Each issue we will present a sampling of books which will focus on Lesbian authors and Lesbian themes, and in addition we hope to feature some book reviews.

We look forward to any suggestions or comments you might have that will help us make this column enjoyable and enlightening. As one of our subscribers commented, ". . . it's important to validate OUR life experiences through books and authors who share many of our experiences and whose positive role models help us survive and thrive in a homophobic society."

FICTION

Charleyhorse by Cecil Dawkins. Romance/ adventure.

Emergence of Green by Katherine V. Forrest. Romance.

The Dress/Sharda Stories by Jess Wells. Short stories , some with an erotic theme.

HUMOR

Dykes to Watch Out For by Alison Bechdel. Lesbian humor in comic strip form.

Lesbian Etiquette by Gail Sausser. Collection of short, humorous stories.

SCIENCE FICTION

Door Into Ocean by Joan Slonczewski. Societies of women living on giant ocean rafts are forced to interact with warring, land-living men. The underlying theme is non-violent resistance.

Native Tongue by Suzette Haden Elgin. After the defeat of the ERA when women's lives become entirely dominated by men, women develop their own secret language to teach and empower their daughters.

NONFICTION

Another Mother Tongue by Judy Grahn. Blends poetry, legends, autobiography and etymology to present a fascinating account of gay life and culture throughout history.

Lesbian Passion by JoAnn Loulan. Explores issues of self-esteem, celibacy, dating, sextoys, couples communication, women and AIDS, intimacy & passion in recovery, incest & recovery and research on lesbians and sex.

PERIODICALS

Conditions 3 annual issues. Feminist magazine of writing (fiction, interviews, reviews, essays & poetry) by women with an emphasis on writing by lesbians.

Lydia, Book Beat Editor

■ In Times To Come

As promised we have invited two lesbians to educate us on the risk of AIDS to our community. They both have and MSW and work primarily with lesbians. Lisa and Vicki guarantee the evening to be enlightening and presented with a touch of humor. Who ever thought sex with a women might not be safe?

Joanna Cassese, Program Coordinator

Faces
PRESENTS
MARTIA'S
RESTAURANT
TUES. THRU SATURDAY
LUNCH 11am _ 2pm
DINNER 6pm _ 9pm
2000 "K" STREET
SACRAMENTO, CA.
Phone: 442-0859
SACWN MEMBERS 10% DISC.

Patricia M

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Subscription/Renewal By Mail

Annual cost is $24 for a calendar year (or two $12 installments, the second due in 6 months). Subscription entitles you to receipt of our monthly newsletter and discounts for our various functions (dinners, dances).

To avail yourself of these services provided by SACWN, inc., send a check for the correct amount made payable to SACWN along with your name, address, home phone, work phone (optional) and career interest.

New Subscription ☐
Renewal ☐

SACWN

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Address _____ City _____ State _____ ZIP _____
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Career Interests _____

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This form is not a permanent record

Please note: Names on checks are listed on our financial records and may be audited. You may elect to pay cash for your subscription and/or admission to our events. For your protection, do not send cash through the mail; if subscribing by cash, please make your payment at the next meeting you attend.

TEAR HERE

JULY MEETING

"WESTERN BBQ & DANCE"

Number of tickets: Subscriber _____ @ $7.50 = $ _____
(Please list subscriber names below)
Non-Subscriber _____ @ $10.00 = $ _____

Total amount enclosed = $ _____

Subscriber Names:
1. _____ 4. _____
2. _____ 5. _____
3. _____ 6. _____

Please include a self-addressed, stamped envelope and a check or money order made payable to SACWN, Inc. and mail to:

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TICKET ORDERS MUST BE POSTMARKED BY JULY 6, 1988

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